



UCare's Medication Therapy Management Program (MTMP)

UCare's MTMP is a quality improvement project that helps to improve safety and effectiveness of medication therapy for Medicare members who meet certain criteria. Participation in MTMP is voluntary and members can disenroll from the program at any time. UCare's MTMP is not considered a benefit.

To qualify for the MTMP, a member must:

- Be likely to use more than \$4,000 worth of Part D-covered drugs in a year.
- Have two or more of the following chronic medical conditions:
 - Chronic Obstructive Pulmonary Disease (COPD).
 - Diabetes.
 - Dyslipidemia (high cholesterol).
 - Heart failure.
 - Osteoporosis.
- Use five or more medications covered by Medicare Part D

Members who meet all of the above criteria will receive a letter inviting them to join the program.

Members who enroll in the MTMP will receive a welcome newsletter as well as a record of their medications.

A complete medication review of each enrollee's prescription profile is performed by a pharmacist upon enrollment. Members will receive a phone call from a pharmacist to talk about any of their concerns.

Written recommendations will be provided to the member and physician as necessary for drug changes that could improve the quality of care and/or lower the cost of treatment.

Members will continue to receive educational newsletters and other mailings throughout the year.

Members can contact UCare Customer Services at the number listed on the back of their UCare member ID card for more information.