



UCare's Medication Therapy Management Program (MTMP)

The MTMP is a quality improvement project. It helps to improve safety and effectiveness of medication therapy for Medicare members who meet certain criteria. Participation in MTMP is voluntary and members can disenroll from the program at any time.

To qualify for the MTMP program, members must meet all of the following criteria:

- Likely to use more than \$3,100.20 worth of Part D covered drugs in a year.
- Have two or more of the following chronic medical conditions:
 - Asthma
 - Chronic Obstructive Pulmonary Disease (COPD)
 - Depression
 - Diabetes
 - Heart Failure
 - Hypertension
 - Osteoporosis
- Use eight or more medications covered by Medicare Part D.

All members who qualify for the program are automatically enrolled. The program is free of charge. The program also provides members with a chance to talk about medications with a registered pharmacist.

The pharmacist will review the member's medications to make sure that they are appropriate, safe, and effective. They will also offer helpful information on how to take medications and discuss any medication related questions the member may have.

After speaking with the pharmacist, members will receive a complete Personal Medication Record which can be shared with other health care professionals.

Members can contact UCare Customer Services at the number listed on the back of their UCare member ID card for more information.

UCare Minnesota and UCare Wisconsin, Inc. are health plans with Medicare contracts.