



Child and Teen Checkups (C&TC): Comprehensive Screening Components Training (formerly 3-Day training)

Description

This workshop includes an introduction to C&TC screening, standards and components and provides a systematic review of a physical exam, range of normal findings, common problems that may be encountered and referral criteria. In addition, a practicum of instructor demonstrations and participant return demonstrations with child models is included to enhance participant physical examination skills. An on-site clinical consultation is arranged within 3-6 months from completion of this training.

Participants are strongly encouraged to compliment this workshop with other C&TC trainings to allow for more hands-on practice and advanced instruction:

- 1. Hearing and Vision Screening II- Advanced Level
- 2. Adolescent Encounter
- 3. Anticipatory Guidance for Infants

This training is a collaborative effort between the Minnesota Department of Human Services and the Minnesota Department of Health.

Training Date(s) and Location(s)	Training Time - 8 am - 4:30 pm (Day 1 & 2) / 8 am - 3:30 pm (Day 3)	
July 26-28, 2011 Bagley Elementary School Early Childhood Education Wing 202 Bagley Avenue N.W. Bagley, MN 56621	September 19-21, 2011 Minnesota Department of Health Southeast District Office 18 Wood Lake Drive S.E. Rochester, MN 55904	February 7-9, 2012 Cloquet Forestry Center 175 University Avenue Stine Room Cloquet, MN 55720

Intended Audience

This training is designed for Registered Nurses (RN) and Public Health Nurses (PHN) who:

- 1. Plan to actively provide C&TC screenings within 3-6 months and have not previously attended the C&TC Comprehensive Screening Components training session.
- 2. Currently provide C&TC screenings but have not attended the C&TC Comprehensive Screening Components training session in at least 6 years.
- 3. Have not actively provided C&TC screenings and have not attended C&TC Comprehensive Screening Components training session in at least 4 years.

Objectives

Upon completion of this workshop (including pre-workshop and post-workshop assignments), participants will be able to:

1. Describe the purpose of the C&TC screening exam and name the various components.
2. Compare and contrast the concepts of screening, diagnosis and treatment.
3. Name key developmental tasks and milestones for any age child.
4. Identify risk factors for developmental delays, mental health problems, elevated blood lead levels and dental caries.
5. Identify two appropriate anticipatory guidance topics for parents/caregivers based on the child's age/developmental level.
6. Select age-appropriate instruments, tools and procedures to use for screenings in developmental and mental health, blood lead level testing, and oral (dental) health.
7. Identify state and community referral sources (e.g. Help Me Grow) and describe referral criteria.
8. Collect and interpret child health histories.
9. Demonstrate a basic level physical exam using a systematic approach.
10. Correctly document a complete C&TC screening exam.
11. Complete a comprehensive case study on a toddler or adolescent.

Agenda

Topics will include:

Day 1

8:00am-4:30pm

Introductions, EPSDT overview and ABCs of C&TC, cultural competency, child development, developmental and mental health screening, early intervention (Help Me Grow), ABCs of physical exam (includes practicum)

Day 2

8:00am-4:30pm

ABCs of physical exam, continued (includes practicum)

Day 3

8:00am-3:30pm

Health history review, immunizations, demonstration and participant practicum* of physical exams, discuss and schedule 1:1 consults, evaluations

*Practicum includes the use of child models

Note: Each day includes a break mid-morning and mid-afternoon and 1 hour lunch break (lunch on your own)

Instructor(s)

Cynthia Ahler PHN, MAN, CPNP

Continuing Education Information

Continuing Education Hours= 36 CEUs

A continuing education certificate will be issued to participants at the end of Day 3 of this workshop for 30 CEUs (10.2 CEUs for Pre Workshop learning plus 19.8 CEUs for classroom learning). Following the Post Workshop one-to-one consult and completion of the required documentation, there will be an additional 6 CEUs awarded for a total of 36 CEUs.

Pre and Post Workshop Learning Time Commitment: 13.5 Hours (16.2 CEUs)

Pre Workshop: 8.5 Hours (10.2 CEUs)

- 3.00 hours - Reading Assignment
- 1.50 hours - Online Learning Modules
- 2.00 hours - Other website learning,
- 2.00 hours - Case Studies
- 8.50 hours - Total

Post Workshop: 7'J qwt u (6 CEUs)

- 3.00 hours - Completion of two C&TC exams and documentation
- 2.00 hours - One-to-one consultation visit
- 5.00 hours - Total

Didactic (Classroom) Learning Time Commitment: 16.5 Hours (19.8 CEUs)

- 6.00 hours - Day 1
- 6.00 hours – Day 2
- 4.5 hours – Day 3
- 16.5 hours – Total

Fee

\$600 for registrants covered by C&TC Administrative Services Contract Funds (i.e. County/Tribal Public Health Nurses)

\$150 (Reduced Fee) may be available for registrants from tribal health, Head Start, or School Based Clinics that do not receive C&TC Administrative Funding. ***Please contact Sheila Blackman at 651-201-3735 to register.***

Other questions regarding registration and/or fees contact C&TC training coordinator at 651-201-3760

Registration

1. *Register Online* (pay by check or credit card)-

<https://www.health.state.mn.us/divs/cfh/connect/index.cfm?article=mchedtrain.offerings>

2. *Register Offline* (pay by check or purchase order only) - Contact MCH at 651-201-3760.

Cancellation Policy

Full Refund

If MDH finds it necessary to cancel a workshop, a full refund will be issued.

Partial Refund (fee minus \$25)

If a participant needs to cancel, MDH must receive notification at least 3 business days prior to the 1st day of the workshop.

Pre-requisites

Pre-workshop homework consisting of manuals, text, and online e-learning web addresses will be mailed to each participant after receipt of registration form and fee which must be received at least 3 weeks prior to the workshop.

Pre Workshop Learning Objectives

After completion of the homework the student will be able to:

1. Identify appropriate and correctly document a complete C&TC well child exam including all the child health screenings.
2. Appropriately prioritize important areas for anticipatory guidance for their case study.
3. Demonstrate use of reference materials for your assignment by citing the source.
4. Describe the age appropriate methods to use to obtain accurate heights/weights/OFC measurements for infants, toddlers, children and adolescents.
5. Describe how BMI is used as a screening tool to evaluate a child or adolescent's weight status category (underweight, appropriate weight, overweight, obese).
6. Describe an ASQ-SE administration and scoring.
7. Identify key developmental tasks and milestones for any age child.
8. Identify risk factors for development delays, mental health problems, blood lead levels, and dental caries.
9. Identify two appropriate Developmental/Social-Emotional anticipatory guidance topics for parents of infants (0-12M), toddlers (1-3 yrs), preschoolers (3-5 yrs), school age (5-11 yrs), and adolescents (11-18 yrs).
10. Identify age appropriate instruments, tools, and procedures to use for screenings in developmental and mental health, blood lead level testing, and oral (dental) health.
11. Identify the three parts or components of an oral health screening.
12. Describe the "Lift the Lip" oral screening procedure and the four tasks of the oral examination.
13. Name three descriptors of heart sounds.

Notes

Refreshments are provided. Lunch is your own.

If you require this flyer in another format such as large print, Braille, or cassette tape, please call (651) 201-3760.

TTY number: 651-201-5797

For registration offline, please contact Sheila Blackman at 651-201-3735. Please note you are only able to pay via check or money order when registering offline.

Contact(s)

Sheila Blackman

Phone: 651-201-3735

Email: Sheila.Blackman@state.mn.us