

New Step Therapy Programs – Effective May 1st, 2009

- Step Therapy for Bisphosphonates (Osteoporosis Treatment)
 - Step Therapy will require use of generic alendronate prior to use of Actonel, Actonel with Calcium, and Fosamax Plus D.
 - Claim history for any of the brand drugs in the past 120 days will allow brand bisphosphonate medications to process without hitting the edit.

- Step Therapy for Sedative/Hypnotics
 - Step Therapy will require use of generic zaleplon or zolpidem prior to use of Ambien CR and Lunesta.
 - Claim history for any of the brand drugs in the past 120 days will allow brand sedative/hypnotics to process without hitting the edit.

- Step Therapy for Nasal Steroids
 - Step Therapy will require use of generic flunisolide or fluticasone prior to use of Beconase AQ, Nasacort AQ, Nasonex, and Rhinocort.
 - Claim history for any of the brand drugs in the past 120 days will allow brand nasal steroids to process without hitting the edit.

- Step Therapy for Triptans (Migraine Drugs)
 - Step Therapy will require use of generic sumatriptan prior to use of Maxalt, Maxalt-MLT, Zomig or Zomig-ZMT.
 - Claim history for any of the brand drugs in the past 120 days will allow brand triptans to process without hitting the edit.

Affected UCare Products:

- PMAP
- PGAMC
- MNCare
- MSHO*
- MnDHO*
- *UCare Connect**

* These programs are not applicable to members with Medicare Part D coverage