Therapy Skilled Nursing Facility (SNF) Level Examples

UCare provides concurrent review for qualified Medicare Part A stays in SNFs. The purpose of this document is to clarify the primary process for authorizing **rehabilitation stays** for UCare contracted SNFs (Levels 3 to 5) for the following UCare plans: *UCare for Seniors*, UCare's Minnesota Senior Health Options (MSHO), and *UCare Connect* (dual-eligible).

For rehabilitation category authorizations, UCare requires the SNF to provide the initial evaluation(s), as ordered by the physician. We also require the completed therapy minutes, including the therapy progress notes, on a weekly basis. The information can be faxed to our Clinical Services' confidential fax number **612-884-2499**. Therapy must be provided at least five calendar days within a seven day week to qualify the stay as rehab-only. Occupational, physical, and speech therapies are included and can be provided in any combination, as long as they are provided five days within one seven day week and must be related to the admitting diagnosis.

Upon discharge, the final week of therapy may be less than seven days. In this circumstance, the minutes will be totaled and the sum will determine the level of care, as shown below in Examples 3 and 4. Below, you will find some examples to assist you in understanding how the category levels are determined and authorized for therapy services on a weekly basis (based upon therapy minutes). If you have questions, please contact our Provider Assistance Center at **612-676-3300** or **1-888-531-1493** (toll free).

Scenarios - Level review for SNF days

# 1. Therapy evaluation (eval) the day after being admitted. Therapy discharge (d/c) member medically skilled.	Admit	Eval	Week 1					Week 2							Week 3 d/c week			D/C skilled coverage
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14	Day 15	Day 16	Day 17	Day 18
	0	80	100	0	0	150	50	100	100	100	0	0	30	50	**0**	**0**	**0**	**0**
	Level 3 (380 min.) Day 1 to 7 = 7 day auth							Level 3 (380 min.) Day 8 to 14 = 7 day auth							Level 1 - medical skilled 4 day auth			

# 2. Therapy eval two days after admitted. Therapy level starts on Day 3.	Admit		Eval + treat	First therapy authorized week.								
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9			
	0	0	80	100	0	0	150	50	100			
	Level 1 = 2 day auth		Level 3 (480 min.) Day 3 to 9 = 7 day auth									

# 3: Therapy eval on Day 3. D/C week less than seven days.	Admit		Eval + Treat	First therapy week.						Second therapy week & d/c week.		D/C Day
	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12
	0	0	150	150	0	0	150	150	150	150	100	**0**
	Level 1		Level 5 (750 min.) Day 3 to 9 = 7 day auth period							Level 3 (250 min.)		

# 4: Last week is less than a seven-day period. No therapy after NONMC given.	Previously receiving therapy. Second therapy week.							Third therapy week & D/C week			D/C
	Day 10	Day 11	Day 12	Day 13	Day 14	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20
	100	**150**	**150**	**100**	**0**	**0**	**100**	**100**	**100**	**0**	**0**
	Level 4 (600 min.) Day 10 to 16 = 7 day auth period							Level 3 (200 min.) = 4 day auth			