

Mental Health Provider Update

The new 2012 Behavioral Health Authorization/Notification Grid can be found at <http://www.ucare.org/providers/Documents/2012%20MH%20and%20CD%20Auth%20Notification%20Grid.pdf>.

To highlight some of the behavioral health changes for 2012:

1. UCare is adopting the four levels of mental health diagnostic assessment (codes 90801 and 90802) effective 01/01/2012 for State Public Program members. More information about these changes are on UCare's web site at <http://www.ucare.org/providers/Pages/default.aspx>. We are anticipating having system changes completed in January 2012. If payment is not correct due to submission of claims prior to the January 1, 2012 system changes, UCare will adjust claims.

The highest level of 90801 (extended) as well as the 90802 code will require notification to one of UCare's delegates—BHP or MMSI. They may be contacted at:

MMSI Behavioral Health
1-800-645-6296 phone
1-888-889-7822 fax
4001 41st ST NW
Rochester MN 55901-8901

Behavioral Healthcare Providers (BHP)
763-525-9919 phone
763-525-9918 fax
1405 N Lilac Dr., Suite 151
Golden Valley, MN 55422

2. UCare implemented coverage for Intensive Outpatient for Dialectical Behavior Therapy (DBT) Procedure Code H2019 effective 07/01/2011. This service is only available to DHS approved DBT certified providers and will require authorization. Service provision must be consistent with DHS guidelines and protocols as outlined in DHS Bulletin #11-53-01. UCare's DBT Initial Authorization Form is found at www.ucare.org/providers/Pages/Forms.aspx and should be sent to the appropriate delegate. Use DHS form 6322A for continuing authorization requests.
3. UCare is adopting the new single children's mental health day treatment code H2012 using the UA and HK modifiers effective 01/01/2012. This change replaces the billing of separate service codes using the HK modifier for children's day treatment. Refer to DHS MHCP Provider Update MHS-11-01 for more information on this change. These services will continue to require notification to one of our delegates. As of 01/09/2012, DHS has not posted the 2012 rates. UCare will adjust claims once this information becomes available.

Reminders:

- Mental health providers are expected to routinely include a screening for chemical dependency issues when performing diagnostic assessments with adults. Suggested Screening Tools include the Global Assessment of Individual Needs-Short Screener (GAIN-SS) or the CAGE-AID. Other tools may be used but must meet the following criteria: reading grade level of no more than 9th

grade; easily administered and scored by a non-clinician; tested in a general population at the national level; demonstrate reliability and validity; document sensitivity of at least seventy percent (70%) overall accuracy of at least seventy percent (70%); and predict alcohol disorders and drug disorders, especially dependence. Preferred criteria for screening tools, but not required, include: short duration of screening process taking no more than ten (10) minutes or having ten (10) or fewer items per scale; widely used with adults; and tool can be used in either interview or self-report format.

- For ACT, IRTS, ARMHS, Day Treatment, Partial Hospitalization, MH-TCM, mental health providers should complete the Level of Care Utilization System (LOCUS) before providing services. The LOCUS is not required in determining eligibility for Adult MH-TCM. However, it is required as part of Adult MH-TCM service provision for assessment, planning, referral and monitoring of all MH services.
- UCare has removed the Medicare component from *UCare Connect* and change it to a Medical Assistance-only program in 2012. *UCare Connect* members may or may not be Medicare eligible. Please remember that there are several ways you can check a member's eligibility and determine if a member has primary insurance. One of the ways is through the UCare Provider Portal, a secure web site for UCare providers to verify member eligibility, or check the status of a claim and/or referral/authorization. Refer to UCare's *health lines* BULLETIN for more information.
<http://www.ucare.org/SiteCollectionDocuments/providers/healthlines/Changes%20to%20UCare%20Connect%20Plan%20in%202012%20-%20health%20lines%20BULLETIN.pdf>