Shared Decision-Making & Depression Treatment in Primary Care

Date: Thursday, November 12, 2015
Time: 12:00 – 1:00 pm
Topic: Understanding how to incorporate shared decision-making into primary care when working with patients who experience depression.

Space is limited. To register, email CJ at Carroll.J.Helm@HealthPartners.Com

This webinar will be recorded and available for viewing later at http://www.stratishealth.org/pip/antidepressant.html

Presented by:
Vicki Olson, Program Manager, Stratis Health
Dr. Art Wineman, MD, HealthPartners
Tasha Gastony, PA-C, Park Nicollet

Who should participate: Health care providers, nurses, clinic administration, public health, health educators, social workers, therapists, Community Health Workers and anyone who interacts with individuals from other cultures.

Antidepressant Medication Management

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**Shared Decision Making**
In her role at Stratis Health, Vicki is responsible for working with hospitals on improvement initiatives including projects on national and state quality reporting and the hospital incentive programs. For the past three years, she has been involved with the Minnesota Shared Decision Making Collaborative, a multi-stakeholder community learning collaborative working to remove barriers to adoption and promote the routine use of shared decision-making in clinical practice throughout Minnesota.

Art Wineman, MD has been practicing Family Medicine for over 30 years at HealthPartners Medical Group clinics. Dr. Wineman’s expertise includes Family Medicine, depression, and biopsychosocial treatment of patients with chronic pain. Currently, Dr. Wineman is the department head of Family Medicine and a Regional Assistant Medical Director.

Tasha Gastony, PA-C has been practicing Family Medicine for over 20 years at Park Nicollet’s Eagan location. Ms. Gastony has led and participated in many quality of care improvement projects, including diabetes, depression, asthma and dementia. One of her guiding principles is that we are more successful and effective if we work with patients versus to and for patients.

Shared Decision-Making UCare Resource: https://www.ucare.org/providers/Resources-Training/Pages/SharedDecisionMaking.aspx

Objectives:
- Articulate what Shared Decision-Making is and at least 2 of its components.
- Identify how Shared Decision-Making can be used for Depression Treatment in Primary Care.
- Identify how to incorporate Shared Decision-Making into Depression Treatment in Primary Care.

This webinar is presented by a collaboration of Minnesota health plans working to improve antidepressant medication management in Minnesota. Thank you to Blue Plus, HealthPartners, Hennepin Health, Metropolitan Health Plan, Medica and UCare for their commitment to this issue.

Park Nicollet Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, Park Nicollet Institute, designates this live activity for a maximum of 1.0 **AMA PRA Category 1 Credit(s)™.** Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is designed to meet the Minnesota Board of Nursing requirements. It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.