2016 - 2018 “Improving Antidepressant Medication Management in the Senior Population”

Activity Description
The goal of the Quality Improvement Project (QIP) is to improve the rate of the MSHO, MSC+, and UCare For Seniors (UFS) members that are compliant with the Healthcare Effectiveness Data and Information Set (HEDIS) Antidepressant Medication Management (AMM) Continuation Phase measure by 6 percentage points for MSHO and MSC+, and by 3 percentage points for UFS by the end of the project period.

The Collaborative interventions will focus on improving antidepressant medication adherence. Improvements include:

- Provider trainings focused on depression management in the senior population, barriers to medication adherence, cultural issues and health plan resources, etc.
- Provide education and resources for Care Coordinators (CCs) in their work with members. The health plans will audit a sample of CC assessments to verify that appropriate steps are taken for follow up.

UCare interventions will align with the Collaborative intervention, but will focus on internal efforts. Initiatives include:

- Partner with community pharmacists to expand Medication Therapy Management to improve medication adherence for UCare members who are prescribed an antidepressant medication. The pharmacist will be encouraged to discuss medication adherence with the member and will also have access to member claims to better track medication adherence for the member.
- Offer health coaching and outreach services members who have a depression diagnosis and are newly prescribed an antidepressant medication via our behavioral health delegate, Beacon Health Strategies.

Quantitative Analysis and Trending of Measures
UCare will measure improvement in the HEDIS AMM Continuation Phase over the next three years. The baseline measurement for MSHO is 55.21% and for UFS is 65.10%. The goal is to increase antidepressant medication adherence in the MSHO population by 6 percentage points, to 61.21% after 3 years, and the UFS population by 3 percentage points, to 68.10% after 3 years. The selected goals and percent increase is based on statistical significance.

Evaluation of Effectiveness
UCare will evaluate effectiveness of our interventions after year one by measuring participation in provider and care coordinator training and number of members engaged in our health coaching and MTM programs.

Barrier Analysis
UCare will monitor rates and, should goals not be met, will develop additional interventions to address the barriers.

Opportunities for Improvement
- Continue review of additional opportunities for improvement.